

Rules of the Game for ULETE Soccer 7v7 League

The league is designed to maximize player development. The small sided games will allow a player to compete and have fun. Players receive more touches in a smaller space, more goals are scored and are completely engaged in the play at all times. The league is open to Boys, Girls, and Co-ed teams.

All games will be played at ULETE, 2308 Dean Way, Southlake, TX 76092. Games can be played on indoor (no walls) and outdoor turf fields.

FIFA Laws of the Game should be followed apart from the below modified rules for 7v7 league play.

1. PLAYING AREA 7 v 7

A. Dimensions of Field

- The field is roughly 80 feet wide by 132 feet long.

B. Goal.

- The 7v7 goals shall ideally be 6.5 feet high and 12 feet wide.

2. PLAYERS & ROSTERS

- The match shall be played with 6 field players and one goalie.
- A match may start if either team has a minimum of 5 players.
- Roster size: 14 players max can be suited to play in the game.

Substitutions.

- Substitutions are unlimited for field players.
- On the fly substitutions for all players. This means that players can change and enter the game without having to stop the play or wait for a break in the action.
- Player must enter and exit from the sideline in front of the substitute's bench.
- Player coming in cannot step on the field until their teammate is off. Penalized with an indirect free kick if a substitution is not done correctly, taken from the spot where the illegal substitution was made.

3. PLAYERS' EQUIPMENT

A. Footwear.

- Soccer cleats, soccer turfs or sneakers shall be worn.

B. Shin Guards.

- The wearing of shin guards is required. Any player who fails to wear shin guards is not allowed to participate.

4. The Ball

- A size #4 soccer ball will be used for 2016s, 2015s, and 2014s games.

5. DURATION OF THE GAME

A. Game Length.

- The duration of the game shall be 40 minutes (2x20), and 2 minutes of halftime.
- Running clock unless stopped by the referee.

6. START OF PLAY

A. Direction.

- At the beginning of a game, the team listed as Home will kick off. The team listed as Away will kick off the second half.
- Teams will switch sides at halftime.

7. BALL IN AND OUT OF PLAY

A. Throw in (when the ball crosses completely over the sidelines).

- Player has five (5) seconds to play the ball after the referee's signal.
- A goal cannot be scored directly from a throw in.
- The ball is in play when it enters the field of play.
- After delivering the ball, the taker must not touch the ball again until it has touched another player.
- All the free kicks are direct, and all the opponents must stand no less than 5 yards of the ball. Player has five (5) seconds to play the ball after the referee's signal.

B. Goal Kick (when the ball crosses completely over the goal line or end line).

- All goal kicks in 7v7 will be taken from inside the small goalie's box, and could be taken from the goalie or any field player. Ball is not in play until it has been kicked and moves.
 - The opposing team must be out of the goalie area before the goal kick is taken. Players of the attacking team are allowed to stay and receive the ball inside the goalie area.
- b. Once the kick has been taken the opposing players are allowed to attack the ball.

8. OFFSIDE

A. Offside.

- There is no offside for 7v7.

9. GOALKEEPER

A. Returning the ball into Play.

- After making a save, the goalkeeper has five (5) seconds to return the ball into play by hands. By placing the ball on the ground he must use his feet and has unlimited time with it.
- Once the goalkeeper releases the ball by his hands, he is not allowed to pick up until it is touched by an opponent. Bouncing the ball is not considered release of possession.
- NO punts or drop kicks are permitted.

B. Pass Back.

- If a team intentionally kicks the ball to their goalkeeper, he is not allowed to pick up.
1. Deflection are permitted.
 2. Pass backs no intentionally are permitted .
 3. Pass back using the head, chest or knee are permitted.

10. FOULS AND MISCONDUCT

A. Inappropriate Contact.

- Charging and sliding tackles are forbidden and shall be penalized by the awarding of a direct free kick.

B. Inappropriate Play without the Ball.

- A player who unfairly impedes the progress of an opponent when not playing the ball shall be penalized by the awarding of an indirect free kick.

C. Send-Offs/Yellow Card/Red Card.

- A player, coach and/or Participant who is sent off shall not be allowed to participate any further in the competition. No substitute is allowed for a player dismissed for misconduct during the game in which the offence occurred.
- A player, coach, team and/or Participant who receives a yellow card during a game, shall receive a warning.
- A player, coach, team and/or Participant who receives a red card during a game, shall be suspended for the remainder of that game, and shall be suspended for the following game.

11. POINTS STANDING:

Win: 3 points

Tie: 1 point

Loss: 0 point

- A forfeit is equivalent to a loss. The score for forfeiture is 3-0.

12. TIE BREAKERS:

A. Ties between 2 teams will be broken by:

1. Head to Head results between teams.
2. Goal differential.
3. Goals scored.
4. Goals against.
5. Coin toss.

B. Ties between 3 teams or more will be broken by:

1. Team with the most wins.
2. Goal differential.
3. Goals scored.
4. Goals against.
5. Coin toss.

13. OVERTIME:

Games ending in tie will be considered a tie, except during playoffs. The winner will be decided on penalty kicks, which each team will take 3 kicks (different players) from the pk mark.

ZERO TOLERANCE TOWARD REFEREE ABUSE

A referee's decision on issues of fact connected to the game is FINAL. The ULETE Zero Tolerance Policy prohibits any person from addressing the referee during the game except to point out an emergency situation. A person who in the opinion of the referee violates the Zero Tolerance Policy will be warned, Coach could be issued a red card and asked to leave the vicinity of the field of play, and the team may face further sanctions. Many referees are young people just learning to referee. Please show them the common courtesy you would expect to be shown to your child or to yourself.